

Tobacco Dependence Adviser Training Course: Inpatient Mental Health

Trainer's guide

Module 2: Mental illness, smoking and stopping: changing lives

Mental illness, smoking and stopping: changing lives

Purpose:

- To describe the harmful effects of smoking on health.
- To outline the rationale for providing tobacco treatment in a mental health inpatient setting.
- To outline the contribution of smoking cessation to reducing health inequalities.

Duration: 30–40 minutes

Process:

- Presentation
- Patient story videos [embedded into slides]
- Quiz questions [on slides]
- Group discussion

Resources:

- PowerPoint presentation

Instructions:

- See notes in course presentation slides